

FIRST AID KITS FOR THE WORKPLACE TYPE 3: INTERMEDIATE FIRST AID KITS

Workplace first aid kit requirements

A Type 3: Intermediate first aid kit is suitable for workplaces with higher risk level work environments. A Type 3 kit contains all of the items in a Type 2 kit plus additional items to meet the needs of workplaces with an increased risk of first aid events in a higher risk environment.

The minimum content requirements for each of the three sizes (small, medium, and large) of Type 3: Intermediate first aid kits must be as specified below.

Item no.	INTERMEDIATE FIRST AID KIT Description of item	Minimum quantities required		
		Small (2-25 workers per shift)	Medium (26-50 workers per shift)	Large (51-100 workers per shift)
1	Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)	25	50	100
2	Gauze pad, sterile, individually wrapped, 7.6 x 7.6 cm (3 in x 3 in)	12	24	48
3	Gauze pad, sterile, individually wrapped, 10.2 x 10.2 cm (4 in x 4 in)	6	12	24
4	Non-adherent dressing, sterile, individually wrapped, 5.1 x 7.6 cm (2 in x 3 in)	4	8	16
5	Abdominal pad, sterile, individually wrapped, 12.7 x 22.9 cm (5 in x 9 in)	1	2	4
6	Conforming stretch bandage, relaxed length, individually wrapped 5.1 cm x 1.8 m (2 in x 2 yd)	1 roll	2 rolls	4 rolls
7	Conforming stretch bandage, relaxed length, individually wrapped, 7.6 cm x 1.8 m (3 in x 2 yd)	1 roll	2 rolls	4 rolls
8	Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 in x 4 in)	1	2	4
9	Compress/pressure dressing with ties, sterile, 15.2 x 15.2 cm (6 in x 6 in)	1	2	4
10	Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 in x 40 in x 56 in)	2	4	8
11	Tourniquet, arterial	1	1	1
12	Adhesive tape, 2.5 cm (1 in)	2.3 m (2.5 yd) total length	4.6 m (5 yd) total length	9.1 m (10 yd) total length
13	Elastic support/compression bandage, 7.6 cm (3 in)	1	2	2
14	Eye dressing pad, sterile, and eye shield with elastic strap	2 sets	2 sets	4 sets
15	Cold pack, instant (or equivalent)	1	2	4
16	Antiseptic wound cleansing towelette, individually wrapped	25	50	100
17	Antibiotic ointment, topical, single use	6	12	24

Item no.	INTERMEDIATE FIRST AID KIT Description of item	Minimum quantities required		
		Small (2-25 workers per shift)	Medium (26-50 workers per shift)	Large (51-100 workers per shift)
18	Hand/skin cleansing towelette, individually wrapped (or equivalent)	6	12	24
19	Glucose tablets, 4 g (10 per package) or acceptable alternative*	1 package	2 packages	2 packages
20	CPR resuscitation barrier device with one-way valve	1	1	1
21	Examination gloves, disposable, medical grade, one-size, non-latex, powder free	4 pairs	8 pairs	16 pairs
22	Biohazard waste disposal bag (single use)	2	4	8
23	Bandage scissors, stainless steel (with angled, blunt tip) minimum 14 cm (5.5 in)	1	1	1
24	Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)	1	1	1
25	Splint, padded, malleable, minimum size 10.2 x 61 cm (4 in x 24 in)	1	1	2
26	Emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm (52 in x 84 in)	1	2	2
27	Contents list	1	1	1

* The Canadian Consensus Guidelines recommend glucose tablets as the preferred treatment for a hypoglycemic event. The Guidelines further recommend that if glucose tablets are not available, the second choice is hard candy, and the last choice orange or other fructose juice.

Note: All workplace first aid kit contents must be made of latex-free materials.

Selection of workplace first aid kits - Other considerations

In determining the workplace first aid kit classification, size, and number, the organization should consider

- a) the level of risk for the specific workplace environment;
Note: Additional workplace first aid kits might be required, depending on the outcome of a workplace first aid risk assessment.
- b) the layout of the workplace (multi-level workplaces, high-rises etc.);
- c) the distance from emergency medical services and/or the response time for emergency medical services;
Note: Response times for emergency medical services vary from jurisdiction to jurisdiction. In addition, response time can be impacted by the type of workplace being served (a high-rise building, for example).
- d) that workplaces with a small number of employees dispersed over a wide area could have differing first aid requirements in different areas; and
- e) that workers in remote or isolated areas could require additional first aid equipment and supplies.

Workplace first aid kit container

The workplace first aid kit container used to hold items must be

- a) of sufficient size to contain all of the specified contents;
- b) capable of being securely closed;
- c) portable;
- d) constructed of a material such that the contents will be protected from dust and moisture; and
- e) durably and legibly marked or labelled with the "First Aid" statement or symbol.

Note: Temperature, maintenance, material durability, and robustness should be considered in selecting a container to ensure that it is suitable for the workplace environment.

The contents of the workplace first aid kit must be organized in the container in a logical and orderly fashion.

Ongoing maintenance of workplace first aid kits

Workplace first aid kits must be regularly inspected at periodic intervals to ensure the completeness and usability of all items at all times. The organization should ensure the ongoing maintenance of the workplace first aid kit(s) and the replenishment of kit supplies and equipment as items are used or as they have reached the manufacturer's recommended expiration date.

Note: The minimum inspection period should be not more than 90 days or following any first aid incident where the workplace first aid kit is used.

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