



First Aid Kit Comparison

OLD LEGISLATION

NEW LEGISLATION

	Fewer than 10 employees	10 to 100 employees	More than one employee*
Standard first aid manual	1	1	1 (English and French)
140mm stainless steel scissors	1	1	1
Tweezers	1	1	1
Safety pins	12	12	1 variety pack
Sterile adhesive strip bandages	25 (25mm x 75mm)	50 (assorted sizes)	24 (size to be determined by nature of hazards)
Sterile gauze pads	5 squares (100mm x 100mm)	24 squares (100mm x 100mm)	12 pads (size to be determined by nature of hazards)
Roll(s) of sterile gauze bandage	1 roll (50mm x 9m)	4 rolls (75mm x 9m)	2 rolls (75mm x 9m)
Roll(s) of elastic bandages			2 rolls (7.5cm)
Sterile compress dressings	2 (100mm x 100mm)	4 (100mm x 100mm)	4 (100mm x 100mm)
Triangular bandages	2	6	6 (1m)
Adhesive tape	1 roll (25mm x 9m)	2 rolls (25mm x 9m)	2 rolls (25mm x 9m)
Burn dressings			4 (sizes to be determined by nature of hazards)
Individually wrapped abdominal dressings			6 (20cm x 25cm)
Individually wrapped sterile eye shields	2	4	0
Antiseptic skin disinfectant (not iodine)	1 container	1 container	1 container
Water soluble burn treatment	1 tube (no less than 55g)	1 tube (no less than 55g)	1 tube (no less than 55g)
Gloves	1 pair rubber	1 pair rubber	6 pairs disposable (latex or vinyl)
Face shield with one-way valve	1	1	1 (disposable)
Cotton tipped applicators	1 package	1 package	1 package
Hand cleansers	24	36	12 hand wipes or 1 bottle of hand cleanser
Individually wrapped antiseptic cleansing towelettes			12 (14cm x 19cm)
Tongue depressors	2	6	0
Record book			1
Pen or pencil			1
Sugar			6 packages
Shock blankets			1
Puncture resistant plastic bags			several

*The new legislation states: where there is only one person at a place of employment, that is not a car, a train or a ferry, the employer must provide a Personal First Aid kit.

It should be noted that in the case of one person at a place of employment, a first aid provider need not be provided by the employer.

For more information on the contents of Personal First Aid kits, or whether you require one at your place of work, please contact the WHSCC.