

# [ask – it can save your life!]

## BE PREPARED FOR THE JOB! LOOK OUT FOR YOURSELF.

- Any job, no matter where it is or what it is, has an element of risk. YOU are at risk of getting injured!
- It could be your first day on the job or your third summer – every day people your age are getting injured on the job.
- Workplace accidents are real – the consequences can be staggering.
- Every year, one New Brunswick worker aged 15 to 24 dies on the job.
- Be proud, work hard, but be SAFE!

## WHERE THE INJURIES ARE HAPPENING...

Top places where injuries are happening to N.B. workers aged 15 to 24:

1. Restaurants
2. Supermarkets
3. Sawmills and planing mills
4. Fish industry

## DID YOU KNOW THAT YOU HAVE RIGHTS ON THE JOB?

- The *Occupational Health and Safety Act* protects workers of ALL ages, working at full or part-time jobs.
- As an employee, you have three rights to protect you:
  1. The right to know about the workplace hazards and to receive training on how to do the job safely.
  2. The right to participate in solving health and safety problems.
  3. The right to refuse dangerous work.

## YOU HAVE A ROLE – KNOW YOUR PART!

As an employee in any type of job, you have a responsibility to:

- Follow the safety rules and regulations.
- Ask for the training you need.
- Report all injuries and unsafe working conditions.
- Wear the proper protective equipment.
- Do the job safely.

**Safety is everyone's responsibility!**

## ON THE JOB YOU HAVE THE POWER...

- To prevent workplace accidents.
- To protect yourself and others.
- To be alert and identify the hazards.
- To ask questions.
- To control your own safety.
- To influence others.
- To report all injuries.

## QUESTIONS TO ASK AT ANY JOB:

- When will I receive job safety training?
- How do I use the equipment properly and safely?
- What do I do if there is an emergency situation?
- What are the hazards on the job?
- Will I be in contact with any hazardous materials?
- What is WHMIS? Will I get WHMIS training?
- What safety gear do I need to wear?
- Who do I discuss safety concerns with or report unsafe working conditions to?
- Do I know and have everything to do the job safely?

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New Brunswick worker  
aged 15-24 dies  
on the job.**

# [stay alive on the job!]

## RIGHT TO REFUSE UNSAFE WORK – WHAT ALL WORKERS NEED TO KNOW:

- All workers have a right to refuse work that they believe is dangerous to their health or safety, or to the health and safety of other workers.
- If you are unsure about your safety at work, ask yourself:

*Do I feel that I am at risk of getting injured?*

- If you answered YES, follow the steps below:
 

**Step 1:** Report your safety concern to your supervisor. If the problem is resolved, return to work. If not,

**Step 2:** Report the matter to your Joint Health and Safety Committee or your health and safety representative. If it's still not resolved,

**Step 3:** Call WorkSafeNB at 1 800 222-9775 and explain the situation. Return to work only when you feel the situation is no longer dangerous.
- In all cases, stay on the job until your shift is finished.

## WORKSAFE NB WORKING FOR YOU!

- At WorkSafeNB, we are committed to protecting ALL workers.
- No question or concern is too small – we are here to help you! Your call is confidential and free. Call us at 1 800 222-9775.
- We make sure that your right to safety in the workplace is protected.
- All workers are entitled to a safe work environment and may be eligible for workers' compensation in the event of a work-related injury or illness.

## WHO CAN HELP? YOU CAN!

- Don't ignore safety concerns that may put you at risk on the job.
- Be prepared. If you are unsure about using the equipment or a product, ASK – it can save your life.
- Get help. Talk to your supervisor, health and safety representative or Joint Health and Safety Committee about any safety concerns.

## WHERE TO FIND US

WorkSafeNB Offices

SAINT JOHN – HEAD OFFICE  
1 Portland Street, PO Box 160  
Saint John NB E2L 3X9  
Phone 506 632-2200  
Toll-free 1 800 222-9775

GRAND BAY-WESTFIELD  
Phone 506 738-8411  
Toll-free 1 800 222-9775  
Fax 506 738-4467

DIEPPE  
Phone 506 867-0525  
Toll-free 1 800 222-9775  
Fax 506 859-6911

BATHURST  
Phone 506 547-7300  
Toll-free 1 800 222-9775  
Fax 506 547-7311

GRAND FALLS  
Phone 506 475-2550  
Toll-free 1 800 222-9775  
Fax 506 475-2568

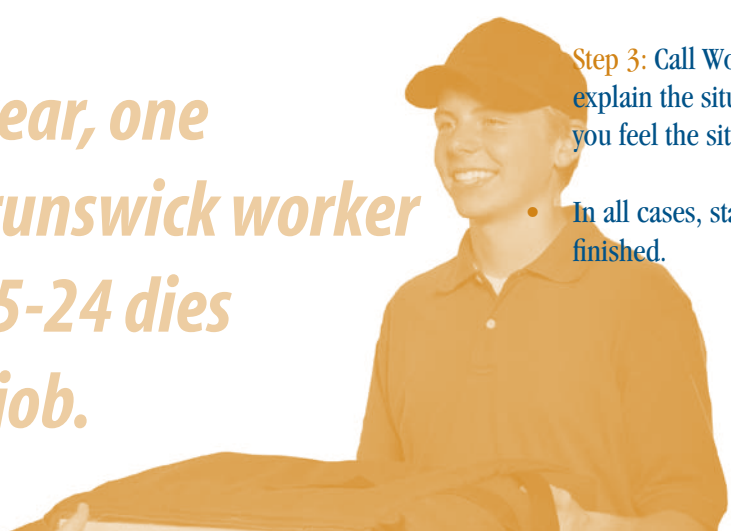
You can find more information  
on WorkSafeNB's programs and  
services at [www.worksafenb.ca](http://www.worksafenb.ca).



[Important facts to take to work]

INFORMATION FOR  
NEW WORKERS

STAY ALIVE ON THE JOB!



Visit our youth website at [www.youthsafenb.ca](http://www.youthsafenb.ca).

Check out the CCOHS Youth Portal Website at [www.jobsafecanada.ca](http://www.jobsafecanada.ca).