



VOCATIONAL EVALUATION PROGRAM

WELCOME TO THE VOCATIONAL EVALUATION PROGRAM

You've been injured on the job, and your case manager has sent you for a work capacity evaluation. This evaluation is the next step in getting you back to well.

Conducted at WorkSafeNB's Rehabilitation Centre (WRC), the work capacity evaluation determines your physical capabilities as well as work skills and aptitudes. It helps you, your doctor and case manager develop a long-term work plan – one that puts your safety first. It looks at your unique strengths and challenges. Only through this evaluation can we understand your needs and set realistic steps and goals to get you back to a workplace where you are safe and confident.

WHAT TO EXPECT

Your evaluation will last one to five days, depending on the information needed. On your first day, arrive at the rehabilitation centre at 8 a.m. We will then introduce you to the Vocational Evaluation Program team and your evaluator.

A registered occupational therapist (OT) will oversee your testing. The OT will measure your performance on specific tasks, considering safety and consistency. The testing may be general or specific to your pre-accident job.

The evaluator will measure:

- Your ability to sit, stand, walk and climb
- How much you can lift, carry, push and pull
- Your ability to work in different positions (such as with arms overhead or from floor level)
- Your hand function (manipulating small objects and eye-hand co-ordination)

You may also be asked to complete some standardized tests to evaluate your work interests, aptitudes and reading, writing and math skills.



RIGHTS AND RESPONSIBILITIES

We, at WorkSafeNB's Rehabilitation Centre, are focused on you, the client. We provide a nurturing space free from physical, psychological, sexual and verbal abuse.

While participating in the program ...

You have the right to:

- A safe, healthy and respectful environment
- Information about your claim and WorkSafeNB services
- Have any concerns about the program promptly addressed

You are responsible for:

- Giving your best effort / actively participating
- Being respectful to other WRC clients and WorkSafeNB staff
- Arriving on time

WHAT YOU NEED TO WEAR

Wear casual loose-fitting clothes, such as sweatpants, T-shirt or sweatshirt and closed-toe footwear. Please do not wear scented products.



WHAT NEXT?

WorkSafeNB's Vocational Evaluation Program team will compile your test results in a report, review the results with you, and send this to your case manager and family doctor. With a better understanding of your capabilities, work aptitudes, preferences and skills, we can develop a plan to help you safely and confidently return to employment.



ABOUT THE WRC

WorkSafeNB's Rehabilitation Centre is certified by the Commission on Accreditation of Rehabilitation Facilities (CARF) International. The independent, non-profit organization is acknowledged as the global gold standard in accreditation of rehabilitation facilities.

If you have any questions about the work capacity evaluation or the Vocational Evaluation Program, talk to your evaluator or case manager. You can also reach us at 1 800 999-9775.

To learn more about WRC services, go to worksafenb.ca.