

First Aid Kit Content

NB First Aid kit*	CSA Basic First Aid Kit (Low Hazard Work)			CSA Intermediate First Aid Kit (High Hazard Work)		
	Small	Medium	Large	Small	Medium	Large
1 Standard first aid manual (English & French)	Not required	Not required	Not required	Not required	Not required	Not required
Not required	Content list	Content list	Content list	Content list	Content list	Content list
1 Record Book and pen	Not required	Not required	Not required	Not required	Not required	Not required
1 Pair of stainless-steel scissors (140mm)	Bandage scissor, stainless steel, minimum 14cm	Bandage scissor, stainless steel, minimum 14cm	Bandage scissor, stainless steel, minimum 14cm	Bandage scissor, stainless steel, minimum 14cm	Bandage scissor, stainless steel, minimum 14cm	Bandage scissor, stainless steel, minimum 14cm
1 pair of tweezers	Splinter forceps/ Tweezers, stainless steel, minimum 11.4 cm	Splinter forceps/ Tweezers, stainless steel, minimum 11.4 cm	Splinter forceps/ Tweezers, stainless steel, minimum 11.4 cm	Splinter forceps/ Tweezers, stainless steel, minimum 11.4 cm	Splinter forceps/ Tweezers, stainless steel, minimum 11.4 cm	Splinter forceps/ Tweezers, stainless steel, minimum 11.4 cm
1 variety pack of safety pins	2 pins are required per triangular bandage	2 pins are required per triangular bandage	2 pins are required per triangular bandage	2 pins are required per triangular bandage	2 pins are required per triangular bandage	2 pins are required per triangular bandage
24 sterile adhesive strip bandages, (size to be determined by nature and hazard of work)	25 - Adhesive bandages, sterile, assorted sizes	50 - Adhesive bandages, sterile, assorted sizes	100 - Adhesive bandages, sterile, assorted sizes	25 - Adhesive bandages, sterile, assorted sizes	50 - Adhesive bandages, sterile, assorted sizes	100 - Adhesive bandages, sterile, assorted sizes
12 sterile gauze pads (various sizes)	12 – Gauze pad individually wrapped 7.6cm x 7.6cm	24 – Gauze pad individually wrapped 7.6cm x 7.6cm	48 – Gauze pad individually wrapped 7.6cm x 7.6cm	12 – Gauze pad individually wrapped 7.6cm x 7.6cm	24 – Gauze pad individually wrapped 7.6cm x 7.6cm	48 – Gauze pad individually wrapped 7.6cm x 7.6cm
	Not required	Not required	Not required	6 – Gauze pad individually wrapped 10.2 x 10.2cm	12 – Gauze pad individually wrapped 10.2 x 10.2cm	24 – Gauze pad individually wrapped 10.2 x 10.2cm
2 roll of sterile gauze bandage (75 mm x 9m)	1 roll – stretch bandage, relaxed length, ind. wrapped (5.1cm x 1.8m)	2 rolls – stretch bandage, relaxed length, ind. wrapped (5.1cm x 1.8m)	4 rolls– stretch bandage, relaxed length, ind. wrapped (5.1cm x 1.8m)	1 roll– stretch bandage, relaxed length, ind. wrapped (5.1cm x 1.8m)	2 rolls– stretch bandage, relaxed length, ind. wrapped (5.1cm x 1.8m)	4 rolls– stretch bandage, relaxed length, ind. wrapped (5.1cm x 1.8m)
2 rolls of elastic bandages (7.5cm)	1 roll –stretch bandage, relaxed length, ind. wrapped (7.6cm x 1.8m)	2 rolls–stretch bandage, relaxed length, ind. wrapped (7.6cm x 1.8m)	4 rolls–stretch bandage, relaxed length, ind. wrapped (7.6cm x 1.8m)	1 roll–stretch bandage, relaxed length, ind. wrapped (7.6cm x 1.8m)	2 rolls–stretch bandage, relaxed length, ind. wrapped (7.6cm x 1.8m)	4 rolls–stretch bandage, relaxed length, ind. wrapped (7.6cm x 1.8m)

*First Aid Regulation 2004-130 - repealed Schedule C

NB First Aid kit*	CSA Basic First Aid Kit (Low Hazard Work)			CSA Intermediate First Aid Kit (High Hazard Work)		
	Small	Medium		Small	Medium	
4 sterile compress dressing (100x100mm)	2 – Compress/pressure dressing with ties, sterile (10.2cm x 10.2cm)	4 – Compress/pressure dressing with ties, sterile (10.2cm x 10.2cm)	8 – Compress/pressure dressing with ties, sterile (10.2cm x 10.2cm)	1 – Compress/pressure dressing with ties, sterile (10.2cm x 10.2cm)	2 – Compress/pressure dressing with ties, sterile (10.2cm x 10.2cm)	4 – Compress/pressure dressing with ties, sterile (10.2cm x 10.2cm)
6 triangular bandages (1m)	2 – triangular bandage, cotton, with 2 safety pins (101.6 x 101.6 x 142.2cm)	4 – triangular bandage, cotton, with 2 safety pins (101.6 x 101.6 x 142.2cm)	8 – triangular bandage, cotton, with 2 safety pins (101.6 x 101.6 x 142.2cm)	2 – triangular bandage, cotton, with 2 safety pins (101.6 x 101.6 x 142.2cm)	4 – triangular bandage, cotton, with 2 safety pins (101.6 x 101.6 x 142.2cm)	8 – triangular bandage, cotton, with 2 safety pins (101.6 x 101.6 x 142.2cm)
2 rolls of adhesive tape 25mmx9m	1 – adhesive tape 2.5cm x 2.3m	1 – adhesive tape 2.5cm x 4.6m	1 – adhesive tape 2.5cm x 9.1m	1 – adhesive tape 2.5cm x 2.3m	1 – adhesive tape 2.5cm x 4.6m	1 – adhesive tape 2.5cm x 9.1m
4 burn dressing (various sizes)	Not required	Not required	Not required	4 - Non-adherent dressing, sterile, individually wrapped 5.1 x 7.6cm	8 - Non-adherent dressing, sterile, individually wrapped 5.1 x 7.6cm	16 - Non-adherent dressing, sterile, individually wrapped 5.1 x 7.6cm
6 abdominal dressings, individually wrapped (20cm X 25cm)	1 – Abdominal pad, sterile, individually wrapped 12.7 x 22.9 cm	2 – Abdominal pad, sterile, individually wrapped 12.7 x 22.9 cm	2 – Abdominal pad, sterile, individually wrapped 12.7 x 22.9 cm	1 – Abdominal pad, sterile, individually wrapped 12.7 x 22.9 cm	2 – Abdominal pad, sterile, individually wrapped 12.7 x 22.9 cm	4 – Abdominal pad, sterile, individually wrapped 12.7 x 22.9 cm
12 antiseptics cleansing towelettes and individually wrapped	25 – antiseptic wound cleansing towelette, individually wrapped (or equivalent)	50 – antiseptic wound cleansing towelette, individually wrapped (or equivalent)	100 – antiseptic wound cleansing towelette, individually wrapped (or equivalent)	25 – antiseptic wound cleansing towelette, individually wrapped	50 – antiseptic wound cleansing towelette, individually wrapped	100 – antiseptic wound cleansing towelette, individually wrapped
6 individual packages of sugar	Not required	Not required	Not required	1 - Glucose tablets, 4g (10 per package) or acceptable alternative**	2 - Glucose tablets, 4g (10 per package) or acceptable alternative**	2 - Glucose tablets, 4g (10 per package) or acceptable alternative*
1 container of antiseptics disinfectant	Not required	Not required	Not required	Not required	Not required	Not required
1 water soluble burn treatment	Not required	Not required	Not required	Not required	Not required	Not required
6 pairs of disposable gloves (latex or vinyl)	4 – disposable gloves, medical grade, one-size, non-latex, powder free	8 - disposable gloves, medical grade, one-size, non-latex, powder free	16 - disposable gloves, medical grade, one-size, non-latex, powder free	4 - disposable gloves, medical grade, one-size, non-latex, powder free	8 - disposable gloves, medical grade, one-size, non-latex, powder free	16 - disposable gloves, medical grade, one-size, non-latex, powder free

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**The Canadian Consensus Guidelines recommend glucose tablets as the preferred treatment for a hypoglycemic event. The Guidelines further recommend that, the second choice is hard candy and the last choice orange or other fructose juice.

NB First Aid kit*	CSA Basic First Aid Kit (Low Hazard Work)			CSA Intermediate First Aid Kit (High Hazard Work)		
	Small	Medium		Small	Medium	
1 face shield with one-way valve (disposable)	1 - CPR resuscitation barrier device with one-way valve	1 - CPR resuscitation barrier device with one-way valve	1 - CPR resuscitation barrier device with one-way valve	1 - CPR resuscitation barrier device with one-way valve	1 - CPR resuscitation barrier device with one-way valve	1 - CPR resuscitation barrier device with one-way valve
1 package of cotton tipped applicators	Not required	Not required	Not required	Not required	Not required	Not required
12 hand wipes or 1 bottle of hand cleaner	6 - Hand/skin cleansing towelette, individually wrapped (or equivalent)	12 - Hand/skin cleansing towelette, individually wrapped (or equivalent)	24 - Hand/skin cleansing towelette, individually wrapped (or equivalent)	6 - Hand/skin cleansing towelette, individually wrapped (or equivalent)	12 - Hand/skin cleansing towelette, individually wrapped (or equivalent)	24 - Hand/skin cleansing towelette, individually wrapped (or equivalent)
1 shock blanket	1 - Emergency blanket, aluminized, non-stretch, polyester minimum 132 x 213 cm	1 - Emergency blanket, aluminized, non-stretch polyester minimum 132 x 213 cm	1 - Emergency blanket, aluminized, non-stretch polyester minimum 132 x 213 cm	1 - Emergency blanket, aluminized, non-stretch polyester minimum 132 x 213 cm	2 - Emergency blanket, aluminized, non-stretch polyester minimum 132 x 213 cm	2 - Emergency blanket, aluminized, non-stretch polyester minimum 132 x 213 cm
Several puncture resistant plastic bags	1 – Biohazard waste disposal bag, single use	2 – Biohazard waste disposal bag, single use	2 – Biohazard waste disposal bag, single use	2 – Biohazard waste disposal bag, single use	4 – Biohazard waste disposal bag, single use	8 – Biohazard waste disposal bag, single use
Not required	6 – Antibiotic, ointment, topical, single use	12 – Antibiotic, ointment, topical, single use	24 – Antibiotic, ointment, topical, single use	6 – Antibiotic, ointment, topical, single use	12 – Antibiotic, ointment, topical, single use	24 – Antibiotic, ointment, topical, single use
Not required	Not required	Not required	Not required	1 – Elastic support/compression bandage 7.6cm	2 – Elastic support/compression bandage 7.6cm	2 – Elastic support/compression bandage 7.6cm
Not required	Not required	Not required	Not required	1-Compress/pressure dressing with ties, sterile 15.2 x 15.2 cm	2-Compress/pressure dressing with ties, sterile 15.2 x 15.2 cm	4-Compress/pressure dressing with ties, sterile 15.2 x 15.2 cm
Not required	Not required	Not required	Not required	1 Tourniquet arterial	1 Tourniquet arterial	1 Tourniquet arterial
Not required	Not required	Not required	Not required	1 splint, padded, malleable, minimum size 10.2x61cm	1 splint, padded, malleable, minimum size 10.2x61cm	1 splint, padded, malleable, minimum size 10.2x61cm
Not required	Not required	Not required	Not required	2 sets - Eye dressing pad, sterile, and eye shield with elastic strap	2 sets - Eye dressing pad, sterile, and eye shield with elastic strap	4 sets - Eye dressing pad, sterile, and eye shield with elastic strap
Not required	Not required	Not required	Not required	1 – Cold pack, instant	2 – Cold pack, instant	4 – Cold pack, instant
Not required	Not required	Not required	Not required	4- Non-adherent dressing, sterile, individually 4 8 16 wrapped, 5.1 x 7.6 cm	8- Non-adherent dressing, sterile, individually 4 8 16 wrapped, 5.1 x 7.6 cm	16- Non-adherent dressing, sterile, individually 4 8 16 wrapped, 5.1 x 7.6 cm

* First Aid Regulation 2004-130 - repealed Schedule C

Personal Kit Content

NB First Aid Personal Kit*	CSA Personal Kit
10 - sterile adhesive strip bandages individually wrapped (assorted sizes)	16 - Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)
5 - 10 cm x 10 cm sterile gauze pads individually wrapped	6 - Gauze pad, sterile, individually wrapped, 7.6 x 7.6 cm (3 in x 3 in)
1 10 cm x 10 cm sterile compress dressing with ties	2 - Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 in x 4 in)
1 triangular bandage, cotton	1 - Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 in x 40 in x 56 in)
5 antiseptic cleansing towelettes individually wrapped	6- Antiseptic wound cleansing towelette, individually wrapped
1 pair of disposable gloves (latex or vinyl)	2 pairs - Examination gloves, disposable, medical grade, one-size, non-latex, powder free
1 waterproof waste bag	1 - Biohazard waste disposal bag (single use)
Not required	1 - Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)
Not required	1 - Contents list
Not required	1 roll -Conforming stretch bandage, relaxed length, individually wrapped, 5.1cm x 1.8 m (2 in x 2 yd)
Not required	1 roll -Adhesive tape, 2.5 cm x 2.3 m (1 in x 2.5 yd)
Not required	2 - Antibiotic ointment, topical, single use
Not required	4 - Hand/ skin cleansing towelette, individually wrapped (or equivalent)

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