

Schedule C – First Aid Kit Content

NB First Aid kit*	
1 Standard first aid manual (English & French)	4 burn dressing (various sizes)
1 Record book and pen	6 abdominal dressings, individually wrapped (20cm X 25cm)
1 Pair of stainless-steel scissors (140mm)	12 antiseptics cleansing towelettes and individually wrapped
1 pair of tweezers	6 individual packages of sugar
1 variety pack of safety pins	1 container of antiseptics disinfectant
24 sterile adhesive strip bandages, (size to be determined by nature and hazard of work)	1 water soluble burn treatment
12 sterile gauze pads (various sizes)	6 pairs of disposable gloves (latex or vinyl)
2 roll of sterile gauze bandage (75 mm x 9m)	1 face shield with one-way valve (disposable)
2 rolls of elastic bandages (7.5cm)	1 package of cotton tipped applicators
4 sterile compress dressing (100x100mm)	12 hand wipes or 1 bottle of hand cleaner
6 triangular bandages (1m)	1 shock blanket
2 rolls of adhesive tape 25mmx9m	Several puncture resistant plastic bags

NB First Aid Personal Kit*
10 - sterile adhesive strip bandages individually wrapped (assorted sizes)
5 - 10 cm x 10 cm sterile gauze pads individually wrapped
1 10 cm x 10 cm sterile compress dressing with ties
1 triangular bandage, cotton
5 antiseptic cleansing towelettes individually wrapped
1 pair of disposable gloves (latex or vinyl)
1 waterproof waste bag

* First Aid Regulation 2004-130 - repealed Schedule C