

# What to do if a Co-worker has Tested Positive for COVID-19

With the number of current COVID-19 cases, Public Health does not have the resources to continue contact tracing and will NOT be contacting you. A co-worker who has tested positive for COVID-19 and has been in **\*close contact** with you must inform you of the potential exposure. To help ensure your safety and that of your co-workers and other close contacts, please follow the following steps. We all have a responsibility to try to limit the spread of COVID-19 and relieve the burden it places on our hospitals and health care professionals.

Monitor yourself for symptoms. If symptoms develop, employees must follow Public Health testing and isolation measures. By answering the online questionnaire, employees will be directed to the most appropriate form of testing.

A positive rapid POCT test result is considered as a positive case, and no further testing is required. A positive POCT test must be reported to **Public Health**, however.

An employee with a negative test result may return to work and continue to monitor for symptoms. If symptoms develop or worsen, they should once again follow the process to retest.

Avoid using fever-reducing medications (acetaminophen, ibuprofen) as much as possible. These medications could mask an early symptom of COVID-19.

**IF YOU ARE NOT VACCINATED, CONSIDER DOING SO.**

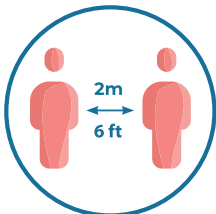
**Vaccinations are our best defence against COVID-19. If vaccinated, get your booster as soon as eligible.**



**WEAR MULTI-LAYER WELL-FITTING MASKS**



**WASH HANDS REGULARLY**



**MAINTAIN A TWO-METRE DISTANCE (WHERE POSSIBLE)**



**WORK FROM HOME (WHERE POSSIBLE)**



**AVOID CONTACT WITH PEOPLE WHO ARE AT RISK OF MORE SEVERE DISEASE OR OUTCOMES, SUCH AS THE ELDERLY, PEOPLE WHO ARE IMMUNOCOMPROMISED, ETC.**

\*Close contacts are the people who were within two metres of you for at least 15 minutes without masking or barriers in place during the 48 hours before you developed symptoms OR 48 hours before you tested positive (whichever came first)