



2026 HEALTH AND SAFETY CONFERENCE



Register at worksafenb.ca
Telephone 1 800 999-9775, ext. 2223
Program and details at worksafenb.ca



HIGHLIGHTS

REGISTRATION

Register for the conference and tour the trade show.

Wednesday, Oct. 7, 4–8 p.m.

Thursday, Oct. 8, 7:30–10 a.m.

TRADE SHOW

Tour the trade show Wednesday through Thursday to learn about health and safety products and wellness services and opportunities.

Wednesday, Oct. 7, 4–8 p.m.

Thursday, Oct. 8, 7:30 a.m.–4 p.m.

CONFERENCE WELCOME RECEPTION

Join us for an informal reception where you can network with other conference delegates. **Be there for a chance to win great door prizes!**

Wednesday, Oct. 7, 5–8 p.m.

SAFETY STAR AWARDS (S.I.)

Join colleagues and friends as we salute New Brunswickers who make workplace health and safety a priority and inspire others to do the same. The annual WorkSafeNB **Safety Star Awards** recognizes individuals and organizations that lead by commitment, action and example.

Friday, Oct. 9, 8:15–8:45 a.m.

ACCOMMODATIONS

Book your hotel by **Sept 7, 2026** to receive special conference rates.

Please mention **WorkSafeNB** when booking by phone to receive special rates.

Best Western Plus Fredericton*

333 Bishop Dr, Fredericton, NB E3C 2M6

1 877 780-7234 | Rooms starting at \$159/night

Crowne Plaza Fredericton

– Lord Beaverbrook

659 Queen St. Fredericton, NB E3B 1C3

1 866 444-1946 | Rooms starting at \$204/night

Delta Hotels by Marriott Fredericton*

225 Woodstock Rd, Fredericton, NB E3B 2H8

1 888 236-2427 | Rooms starting at \$209/night

***Shuttle service to the conference will be available.**



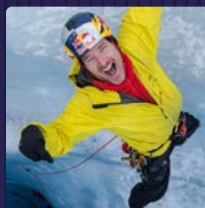
OPENING PLENARY (S.I.)

**Thursday, Oct. 8
9:30–10:30 a.m.**

TESSA VIRTUE

Olympian and World Champion

Tessa Virtue is the most decorated female figure skater in Olympic history, winning five Olympic medals, including three golds, with longtime partner Scott Moir. As an executive advisor with Deloitte, she helps leaders and organizations build high-performing teams using evidence-based strategies rooted in positive psychology. A passionate advocate for women's empowerment and inclusion, Virtue also serves as an ambassador for Special Olympics Canada and is a Member of the Order of Canada.



KEYNOTE SPEAKER (S.I.)

**Friday, Oct. 9
8:45–9:30 a.m.**

WILL GADD

Adventure Sports Athlete

Will Gadd is one of the world's leading adventure athletes, renowned for pushing the limits of human performance while championing risk management and resilience. Gadd combines his extraordinary experiences with years of research on positive risk-taking, organizational safety, and high-performance teamwork. Gadd shares practical strategies for thriving under pressure, building resilient teams, and making smart decisions in high-hazard environments.



CLOSING PLENARY (S.I.)

**Friday, Oct. 9
11 a.m.–Noon**

RICHARD PHILLIPS

Hero of the High Seas: Captain of the Maersk Alabama | Author

Captain Richard Phillips is the American merchant mariner whose extraordinary courage during the 2009 hijacking of the Maersk Alabama captured worldwide attention. When Somali pirates boarded his cargo ship en route to East Africa, Phillips put himself in harm's way, offering himself as a hostage to protect his crew of 18 sailors. Captain Phillips chronicled his experience in the bestselling memoir *A Captain's Duty*, which inspired the acclaimed film *Captain Phillips*. Captain Phillips now shares powerful lessons on leadership, resilience, teamwork, and making critical decisions under extreme pressure.

DETAILS

*All sessions are in English, unless otherwise noted as French or Simultaneous Interpretation (S.I.)

WEDNESDAY, OCT. 7

4–8 p.m.	Registration	Levels 1 & 2
4–8 p.m.	Trade Show	Levels 1 & 2
5–8 p.m.	Conference Welcome Reception	Pointe Sainte-Anne A-B

THURSDAY, OCT. 8 - MORNING

7:30–10 a.m.	Registration	Level 1
7:30 a.m.–4 p.m.	Trade Show	Levels 1 & 2
7:30–8:30 a.m.	Buffet Breakfast	Pointe Sainte-Anne A-B-C-D
8:30–8:45 a.m.	Break	Pointe Sainte-Anne A-B-C-D
8:45–9 a.m.	Opening Remarks (S.I.)	Pointe Sainte-Anne A-B-C-D
9–9:30 a.m.	Threads of Life with Russell Claus (S.I.)	Pointe Sainte-Anne A-B-C-D
9:30–10:30 a.m.	Opening Plenary with Tessa Virtue (S.I.)	Pointe Sainte-Anne A-B-C-D
10:30–11:00 a.m.	Refreshment Break	Foyer
11 a.m.–Noon	Morning Breakout Sessions	Fredericton Convention Centre
Noon–1 p.m.	Lunch	Foyer

THURSDAY, OCT. 8 - AFTERNOON

1–2:30 p.m.	Part 1 ~ Afternoon Breakout Sessions	Fredericton Convention Centre
2:30–3 p.m.	Refreshment Break	Foyer
3–4 p.m.	Part 2 ~ Afternoon Breakout Sessions	Fredericton Convention Centre

FRIDAY, OCT. 9

7:15–8:15 a.m.	Buffet Breakfast	Pointe Sainte-Anne A-B-C-D
8:15–8:45 a.m.	Safety Star Awards (S.I.)	Pointe Sainte-Anne A-B-C-D
8:45–9:30 a.m.	Keynote with Will Gadd (S.I.)	Pointe Sainte-Anne A-B-C-D
9:30–9:45 a.m.	Refreshment Break	Foyer
9:45–10:45 a.m.	Morning Breakout Sessions	Pointe Sainte-Anne A-B-C-D
10:45–11 a.m.	Break	Foyer
11 a.m.–Noon	Closing Plenary with Richard Phillips (S.I.)	Pointe Sainte-Anne A-B-C-D
Noon–12:10 p.m.	Closing Remarks (S.I.)	Pointe Sainte-Anne A-B-C-D

SESSIONS *at a glance*

THURSDAY, OCT. 8 – MORNING

MORNING BREAKOUT SESSIONS | 11 A.M.–NOON

1	Inside the Ergonomist's Toolbox: Assessing Musculoskeletal Injury Risk (<i>French</i>)
2	Invisible Dust, Visible Action: Update on the Silica Control Tool and Engineered Stone
3	Terms of Reference that Work!
4	Young Workers, Real Risks: Building Psychologically Safe Workplaces
5	Building Resilience: Cause Life is Fricking Hard (<i>S.I.</i>)
6	Problematic Social Media Use: Navigating Social Media Safely (<i>S.I.</i>)
7	Her Voice, Her Impact: The Evolution of Women Leading the Safety Movement
8	Machine Safety: Lessons from Real Investigations

THURSDAY, OCT. 8 – AFTERNOON

AFTERNOON SESSIONS (Part 1) | 1–2:30 P.M.

9	Workplace Health and Safety Made Easy (<i>French</i>)
10	Early and Safe Return to Work: A Shared Responsibility
11	The Human Side of Safety: The Competencies That Shape Safer Workplaces
12	Field Notes: Safety Insights that Matter
13	How to Tame Your Elephant: Safety Lessons from Stomping Elephants (<i>S.I.</i>)
14	The Pace of Artificial Intelligence: Live Demos (<i>S.I.</i>)
15	A Look Inside Effective JHSCs: What Works and Why
16	Safety Speaks Every Language: Bridging Cultures, Building Safer Workplaces

AFTERNOON SESSIONS (Part 2) | 3–4 p.m.

17	Identifying, Assessing, and Controlling: A Systematic Approach to Prevention (<i>French</i>)
18	Does Your Workplace Need a "No Jerk Policy"?
19	Leading the Line: Leveraging Supervisors to Embed Frontline Safety
20	WorkSafeNB's Integrated Mental Health Strategy
21	Declined – Insufficient Funds: How to Protect Yourself in a World that Won't (<i>S.I.</i>)
22	Safety First: Creating Safer Spaces for 2SLGBTQ+ Employees (<i>S.I.</i>)
23	Changing Culture in the Construction Industry
24	Hot Topics in Occupational Health and Safety Law

FRIDAY, OCT. 9 – MORNING

MORNING BREAKOUT SESSIONS | 9:45–10:45 a.m.

25	Machine Safety: Lessons from Actual Investigations (<i>French</i>)
26	Mental Well-being and Psychological Health at Work: Evidence-based Strategies
27	Empowering and Engaging JHSC Members
28	Safe and Suitable Duties: Understanding Functional Abilities to Guide Return to Work
29	After the Investigation: Protecting People, Preserving Trust, and Moving Forward (<i>S.I.</i>)
30	Human-Centred AI Transformation (<i>S.I.</i>)
31	Compassionomics: The Science and Impact of Human Connection
32	Science, Curiosity, and Health and Safety

*All sessions are in English, unless otherwise noted as French or Simultaneous Interpretation (*S.I.*).

SESSIONS

1 Inside the Ergonomist's Toolbox: Assessing Musculoskeletal Injury Risk (French)

Fany Morneault, Ergonomist, WorkSafeNB

This interactive presentation explores musculoskeletal injury (MSI) risk factors commonly observed in New Brunswick workplaces. Participants will learn how ergonomists identify, assess, and prioritize MSI risks using task analysis tools, and how these assessments translate into practical prevention strategies.

2 Invisible Dust, Visible Action: Update on the Silica Control Tool and Engineered Stone

Ellen Donald, Occupational Hygiene Technologist, WorkSafeNB

Respirable crystalline silica is a serious workplace health risk, especially when working with high-silica materials like engineered stone. This session outlines how New Brunswick workplaces can manage exposure, using the Silica Control Tool, along with lessons from sampling, inspections, and field experience. Learn about what's working, common challenges, and practical ways to strengthen controls and prevent silica-related disease.

3 Terms of Reference that Work!

John Debly, Health and Safety Consultant, WorkSafeNB

A practical look at creating and maintaining joint health and safety committee Terms of Reference that goes beyond legislative wording. Participants will learn how to tailor the Terms of Reference to their organization, clarify roles, and use it as a living document that supports effective committee work.

4 Young Workers, Real Risks: Building Psychologically Safe Workplaces

Jessica Letcher, Health and Safety Consultant, WorkSafeNB

Nicole Melanson, Health and Safety Consultant, WorkSafeNB

The evidence is clear that younger workers are facing significantly greater mental health challenges at work than previous generations. At the same time, workplaces have a growing opportunity and responsibility to respond in ways that better support their well-being. This session explores the realities facing this generation and why psychological health and safety matters to them. Participants will learn how psychosocial risk factors show up early in working life and how workplaces can better control exposures to them. We'll also explore how leadership and workplace culture can create environments where young workers feel safe, supported, and able to thrive.

5 Building Resilience: Cause Life is Fricking Hard (S.I.)

Jennifer DeWare, President, Visualiiz Management Consulting Inc.

For many, navigating the past few years has been anything but easy. And Jen doesn't pretend otherwise. In her candid and energizing workshop, Jen shares her own personal and professional challenges, along with the resilience strategies that helped her get through it. Her message? You're not alone... and it's okay to laugh, loud and often, even when life feels hard. Jen brings both practical tools and encouragement to the room. Whether you're facing burnout, struggling to reset, or simply trying to move forward with more grace and grit, this session is a powerful reminder that mental health, joy, and resilience are not luxuries, they're lifelines.

6 Problematic Social Media Use: Navigating Social Media Safety (S.I.)

Dr. Jules Cormier, Physician

This session explores how social media can shape our thoughts, emotions, relationships, and even our perception of reality. Participants will learn about Problematic Social Media Use (PSMU), fear of missing out (FOMO), doom scrolling, misinformation, and the surprising concept of Mean World Syndrome, the tendency to view the world as more dangerous than it truly is. Through compelling stories, research, and practical strategies, Dr. Cormier will explain how algorithms influence behaviour, why negative content captures our attention, and what we can do to build healthier digital habits, improve well-being, and reclaim control of our online lives.

7 Her Voice, Her Impact: The Evolution of Women Leading the Safety Movement

Chalena Biggar, Director, Health & Safety, Cooke Aquaculture Inc.

Nuala Reilly, Senior Health & Safety Specialist, Cooke Aquaculture Inc.

The health and safety profession has evolved significantly over the past several decades, with women playing an increasingly visible and impactful role in shaping safer, healthier workplaces. This dynamic panel will bring together experienced leaders and emerging voices to explore the progress made, the barriers that remain, and the strategies driving meaningful change. Panellists will share personal experiences, discuss the value of mentorship and allyship, and highlight initiatives that are helping to create more inclusive and equitable career pathways. Attendees will gain insights into navigating leadership opportunities, breaking down systemic challenges, and fostering environments where women's contributions are recognized and amplified.

8 Machine Safety: Lessons from Actual Investigations

Michel Cyr, Manager, Investigations, WorkSafeNB

Machine safety remains a leading cause of workplace incidents in New Brunswick, with key elements like lockout, safeguarding and code compliance often misunderstood or misapplied. This interactive session draws on real investigations involving serious injuries and fatalities linked to poor machine safety practices. Participants will explore common failures, contributing factors, and practical prevention measures. We'll examine risks associated with imported equipment that fails to meet Canadian standards, as well as the legal responsibilities of equipment owners under the Occupational Health and Safety Act. Join Michel for an engaging session to strengthen your understanding and application of machine safety principles.

9 Workplace Health and Safety Made Easy (French)

Geneviève Pilon, Director, Health and Safety Services, WorkSafeNB

Have health and safety responsibilities, but not always sure where to start? Workplace health and safety may seem complex, but the basics are simpler than you might think. Through concrete examples and practical discussions, this session will help you better understand everyone's roles and responsibilities and acquire simple tools to contribute to a healthier, safer, and more respectful workplace.

10 Early and Safe Return to Work: A Shared Responsibility

Vicky Deveau, Manager, Public Administration Sector, WorkSafeNB

Matthew Hachey, Legal Counsel, WorkSafeNB

Preventing work disability starts with understanding everyone's role in the return-to-work process. This session provides an overview of both an employer's and employee's responsibilities under the Workers' Compensation Act and highlights WorkSafeNB programs that support successful outcomes. Through practical examples, participants will see how legislation translates into everyday workplace practices and conversations. The session focuses on collaboration, compliance, and recovery-at-work strategies that help support injured workers and create safer, stronger New Brunswick workplaces.

11 The Human Side of Safety: The Competencies That Shape Safer Workplaces

Laragh Dooley, Vice-President of People and Culture, WorkSafeNB

Lynn Meahan-Carson, Manager, Corporate Communications, WorkSafeNB

Lisa Walker, Chief Information Officer, WorkSafeNB

The safest workplaces are built through more than policies, procedures and technical expertise. In three connected 30-minute micro-sessions, three speakers will explore the human competencies they believe have the greatest influence on creating safer, healthier workplaces.

12 Field Notes: Safety Insights that Matter

TBA

WorkSafeNB's occupational hygienists, ergonomics and health and safety consultants and officers share practical safety insights in short, focused sessions. Learn about common workplace issues in three key sectors across the province and tools and resources to help you prevent injuries and create safer workplaces.

13 How to Tame Your Elephant: Safety Lessons from Stamped Elephants (S.I.)

Allan James Moore, Safety Leadership Keynote Speaker/Workshop Facilitator

Allan James Moore has surprising stories that come all the way from Africa. How we react in the face of risk can say a lot about our confidence in safety know-how, as well as our trust in those we work with. Capitalizing on his background in standup comedy to give an interactive, on-the-edge-of-your-seat session, Allan will provide tools and insights to help you and your team know how (and when!) to confidently speak up when things on the jobsite don't feel right.

14 The Pace of AI: Live Demos (S.I.)

Ashleah Wilson, Partner, Growth Marketing, The NoW of Work

The fastest way to cut through the AI noise is to watch it work, live. This session walks through the honest picture of how fast AI is moving, and then we run live demonstrations on real challenges gathered from attendees, from drafting an incident report to building a simple safety-inspection tool. You'll leave marvelling at what's already within reach, with what you can do and with one practical idea you can try right away.

15 A Look Inside Effective JHSCs: What Works and Why

Trish Vautour, Health and Safety Consultant, WorkSafeNB

Join this solution-focused panel to hear how New Brunswick employers have turned challenges into opportunities. Panelists will share practical strategies to improve member engagement, strengthen collaboration and overcome leadership challenges. Participants will leave with ideas to boost participation, build stronger teams and help their committees become a driving force for workplace safety.

16 Safety Speaks Every Language: Bridging Cultures, Building Safer Workplaces

TBA

The New Brunswick Multicultural Council will provide insights on creating safety in culturally and linguistically diverse workplaces.

17 Identifying, Assessing, and Controlling: A Systematic Approach to Prevention (French)

Angèle Levesque, Health and Safety Consultant, WorkSafeNB

Gino Thomas, Health and Safety Consultant, WorkSafeNB

Whether you're a manager, supervisor, joint health and safety committee member or employee, you play an important role in prevention. Discover a modern approach to health and safety prevention by learning how to better understand real workplace risks. You'll think differently about safety and explore practices that reflect today's workplace realities. Learn how to identify hazards, assess risks, and choose practical controls.

18 Does Your Workplace Need a "No Jerk Policy"?

Barbara McFarlane, Occupational Health and Safety Consultant, Government of New Brunswick

This session explores how existing workplaces have policies that often fall short when facing the kinds of harmful, toxic behaviours that everyone sees but few people address. It sheds light on the not-so-hidden costs of ignoring these issues and explains how adding a simple behavioural code of conduct—a "no jerk policy"—can help close the gap and strengthen workplace culture. Participants will leave with practical insight into how these policies can support existing practices and why it's best to put one in place before you need it.

19 Leading the Line: Leveraging Supervisors to Embed Frontline Safety

David Powers, Corporate Safety Manager, J.D. Irving, Limited

This session explores how supervisors shape frontline safety culture and why their influence is critical to organizational success. Drawing on incidents and case studies, it highlights the consequences of weak supervision and the impact of strong safety leadership. Participants will learn practical strategies to close skills gaps, improve communication, and build consistent safety habits through modular training. The session emphasizes the supervisor's role in driving engagement, improving leading indicators, and strengthening operational performance. Attendees will leave with actionable tools to empower supervisors as effective culture carriers who embed safety into everyday work and positively influence employee behaviours across all shifts.

20 WorkSafeNB's Integrated Mental Health Strategy

Angela Acott-Smith, Manager of Consultation Services, WorkSafeNB

Dr. Paul Atkinson, Chief Medical Consultant, WorkSafeNB

Michael Bewsher, Business Partner - Mental Health, WorkSafeNB

Dr. Douglas French, Lead Psychology Consultant, WorkSafeNB

Amanda Jenks, Director, Health and Wellness, WorkSafeNB

WorkSafeNB is taking action to improve psychological health and safety across New Brunswick workplaces and within our own organization. Through our Prevention division, we help employers identify psychosocial risks and implement practical, evidence-based solutions. Internally, our People and Culture division is strengthening employee well-being through new initiatives and education, while our Claims and Rehabilitation division is enhancing support for workers with mental health claims. Backed by staff education, modernized practices, and strong partnerships with leading experts, this collaborative effort is building healthier workplaces and creating lasting change. Join us to learn practical strategies you can apply at your own workplace.

21 Declined – Insufficient Funds: How to Protect Yourself in a World that Won't (S.I.)

Ross Saunders, Privacy Training, Speaking, Advisory, Ross G Saunders Consulting

Based on the theft of Ross's own identity, this compelling talk explores the personal side of data risk with simple fundamentals that all audiences can take home and implement right away.

22 Safety First: Creating Safer Spaces for 2SLGBTQ+ Employees (S.I.)

Dani Gomez-Ortega, HR Leader and Inclusion Champion

A recent study revealed that while 4% of people in NB identify as 2SLGBTQ+, up to 12% of young people identify as transgender or gender-nonconforming (Stats Canada, 2024; GLAAD, 2017). This interactive workshop is grounded in the urgency to create safe spaces for current and future generations of 2SLGBTQ+ employees, and will equip attendees with the tools necessary to make this possible. Attendees will learn terms and definitions, challenges that these communities face, and actionable steps to champion safer workplaces.



23 Changing Culture in the Construction Industry

Michel Cyr, Manager, Investigations, WorkSafeNB

Chad Humphries, Stakeholder Relations and Research Specialist, WorkSafeNB

Rob Rowe, CEO, New Brunswick Construction Safety Association

New Brunswick's construction industry continues to improve its health and safety, but there is more work to do to ensure that every worker returns home safely every day. Join industry leaders for a panel discussion on safety challenges, successes and lessons learned. Panelists will share practical tips, resources and examples of how they are improving safety culture, along with insights from WorkSafeNB's Investigations manager, Michel Cyr, and Rob Rowe, CEO of The New Brunswick Construction Safety Association.

24 Hot Topics in Occupational Health and Safety Law

Michael McGovern, Senior Legal Counsel, WorkSafeNB

In this session, WorkSafeNB's senior legal counsel explores three emerging issues in occupational health and safety and workers' compensation law in Canada. Psychological health and safety is increasingly important for employers and workers. Harassment complaints are now surpassing reports of unsafe conditions in New Brunswick, raising the stakes for effective workplace management. As the workforce diversifies, accommodating religious observances is also becoming more important. While primarily a human rights issue, religious accommodation overlaps with workplace safety. This overlap will be discussed.

25 Machine Safety: Lessons from Actual Investigations (French)

Michel Cyr, Manager, Investigations, WorkSafeNB

Machine safety remains a leading cause of workplace incidents in New Brunswick, with key elements like lockout, safeguarding and code compliance often misunderstood or misapplied. This interactive session draws on real investigations involving serious injuries and fatalities linked to poor machine safety practices. Participants will explore common failures, contributing factors, and practical prevention measures. We'll examine risks associated with imported equipment that fails to meet Canadian standards, as well as the legal responsibilities of equipment owners under the Occupational Health and Safety Act. Join Michel for an engaging session to strengthen your understanding and application of machine safety principles.

26 Mental Well-being and Psychological Health at Work: Evidence-based Strategies

Beatrice Donahue-Power, Ergonomist, WorkSafeNB

Matt Kalichuk, Psychological Health and Safety Consultant, WorkSafeNB

Psychological health and safety is increasingly recognized as both an organizational and individual responsibility. While employers play a critical role in creating conditions that prevent psychological harm and promote well-being, each of us also has a role to play in supporting our own mental health at work. This session will explore science-based strategies that strengthen the four pillars of mental health: sleep, physical activity, nutrition, and stress management. Participants will learn how everyday habits influence energy, focus, resilience, and stress response in the workplace. Attendees will leave with practical, evidence-based tools to build healthier routines, strengthen resilience, and support personal well-being at work.

27 Empowering and Engaging JHSC Members

Jason DeMerchant, Business Relationship Specialist, WorkSafeNB

Laura Howe, Health and Safety Consultant, WorkSafeNB

Laure Sheel, Health, Safety & Wellness Specialist, WorkSafeNB

Build stronger, more effective joint health and safety committees with proven strategies. Learn practical ways to recruit and engage members, address common challenges, and develop the next generation of safety leaders.

28 Safe and Suitable Duties: Understanding Functional Abilities to Guide Return to Work

Dr. Shane Journeay, Dalhousie Medicine New Brunswick & Horizon Health

There are many stakeholders in a worker's compensation claim. Work modification and accommodation is often the role of the employer, however documentation of functional information by healthcare professionals can be unclear making it challenging to provide safe and suitable work with accommodations. This session will review common functional abilities documentation and how it directs work duties in the return-to-work and occupational rehabilitation process. This presentation will also highlight the impact on workers, employers, and claims outcomes when there is a lack of quality, functional information, or when such information is misinterpreted.

29 After the Investigation: Protecting People, Preserving Trust, and Moving Forward (S.I.)

Meaghan MacMaster, Associate, Stewart McKelvey

An investigation does not end when findings are delivered. This session focuses on what comes next and how employers can protect employees, respect confidentiality, and support workplace recovery after an investigation concludes. Participants will explore best practices for balancing transparency with privacy, addressing ongoing risks, and providing appropriate post-investigation support to those affected. The session will also examine how organizations can learn from investigations to strengthen policies, culture, and processes, while minimizing retaliation and restoring trust in the workplace.

30 Human-Centred AI Transformation (S.I.)

Asheleh Wilson, Partner, Growth Marketing, The NoW of Work

Successful AI adoption starts with people. This session explores common concerns about AI, including the fear of becoming obsolete, and reframes AI as a workplace safety and well-being question, not just a productivity one. You'll learn what drives AI adoption and how to talk about AI in ways that encourage positive, practical use.

31 Compassionomics: The Science and Impact of Human Connection

Dr. Paul Atkinson, Chief Medical Consultant, WorkSafeNB

Compassion is often viewed as a personal virtue, but a growing body of evidence demonstrates that it is also a powerful tool for improving outcomes. This session explores the science of Compassionomics and how compassion, communication, trust and human connection influence health, recovery, workplace culture, psychological safety, and return-to-work outcomes. Drawing on evidence from healthcare, organizational leadership and occupational health, participants will gain practical strategies to strengthen interactions with workers, colleagues and stakeholders while improving engagement, well-being and performance.

32 Science, Curiosity, and Health and Safety

Johannes Doemer, Occupational Hygienist, WorkSafeNB

Why is blood red? Why is grass green? Is it quicker to boil an egg on Mount Everest? And what does all this have to do with health and safety? This session is for the curious-minded, those who like to dive into the "why?". We will explore the science behind day-to-day phenomena, question common myths, generate questions, and showcase how it all ties to health and safety concepts. Johannes will share his love for science, excite curiosity and inspire an appreciation for the wonderous world around us and what we can do better to protect those working within it.



2026 HEALTH AND SAFETY CONFERENCE



Register at:
worksafenb.ca

Wi-Fi:
NB2026

Password:
Conf2026